



## “How to take an asbestos sample” General Instructions

- 1) Wet down the sample area (suspect material) with a light water mist (spray bottle) before taking the sample. This reduces the potential release of asbestos fibers.
- 2) Do not disturb the material any more than is necessary to take a small sample\*.
- 3) Place the sample in a clean, “air-tight” container such as a zip-lock bag.
- 4) Seal container tightly.
- 5) Use a damp paper towel to clean up any material on the outside of the container or that might have spilled onto the floor. Never use a normal household vacuum or shop-vac to clean up Asbestos.
- 6) Clearly label the container, stating where and when the sample was taken.
- 7) Complete the Residential Chain of Custody. Make sure to take one sample for each different type of suspect material.

### \* The following sample sizes are recommended.

Sample Type	Recommended Size
Popcorn Ceiling material	1-2 Square inches (equivalent to a heaping tablespoon-full)
Flooring material – Sheet Vinyl	1 square inch, include paper backing/mastic
Flooring material – Floor Tile	2 square inches, include mastic
Attic insulation – Vermiculite	½ zip-lock sandwich bag full, from bottom material
Attic insulation – Fibrous Material	¼ zip-lock sandwich bag full
Roofing, wall, cementitious materials	3-4 square inches
Thin-coating materials (paints, mastics, spray plasters, tapes)	1-2 square inches

**Questions:** contact us at (206) 244-8965.